# StateofDorset

## September 2015





# **Older People**



## **Health and Care**

## Natural and Historic Environment

# Leisure and Culture



Produced by Research and Consultation, Chief Executive's Dept

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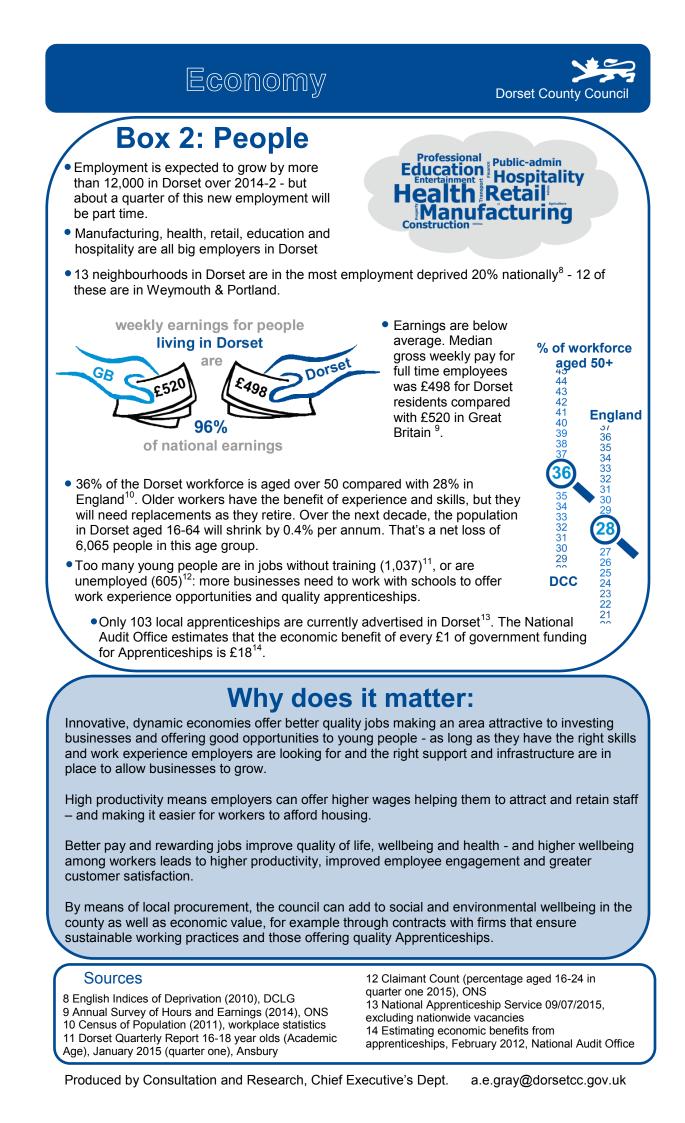
The UK has a productivity gap, but for every hour worked in Dorset our economy produces ten per cent less than the national average.



- 1 Business Demography 2013, ONS
- 2 UK Businesses 2014 and BRES 2013, ONS
- 3 UK Business 2014, ONS
- 4 UK Competitiveness Index 2013, Centre for International Competitiveness

5 Research and Development in the UK, February 2015 SN04423, House of Commons Library (Sourced from ONS Business Enterprise R&D data) 6 Census of Population 2011, ONS

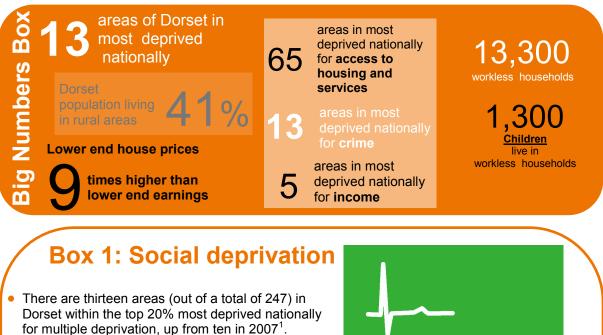
7 Local Procurement: Making the most of small business, one year on, Federation of Small Businesses



## september 2015 StateofDorset Source County Council

Deprivation has a significant impact on health and wellbeing. Dorset's areas of deprivation are largely located in the most urban areas - in particular Weymouth & Portland - but many of Dorset's rural communities could also be considered deprived in terms of barriers to housing and essential services.

As the number of older people living in rural areas grows, the challenge of access to facilities and pressure on health and care services will accelerate.



• Ten of these are within the urban borough of Weymouth and Portland, two are in West Dorset and one is in Christchurch.





- The gap in life expectancy between the most deprived and least deprived areas of Dorset is 6.4 years for men and 5.5 years for women<sup>2</sup>.
- 13 of Dorset's neighbourhoods are in the 20% most deprived nationally in relation to crime. Ten of these are in Weymouth and Portland<sup>1</sup>.
- 41% of Dorset's population live in rural areas<sup>3</sup>. Barriers to housing and essential services are significant in Dorset reflecting rurality and distance from services. 65 Dorset neighbourhoods fall in the 20% most deprived nationally for this measure: 23 are in West Dorset and 15 in North Dorset<sup>1</sup>.

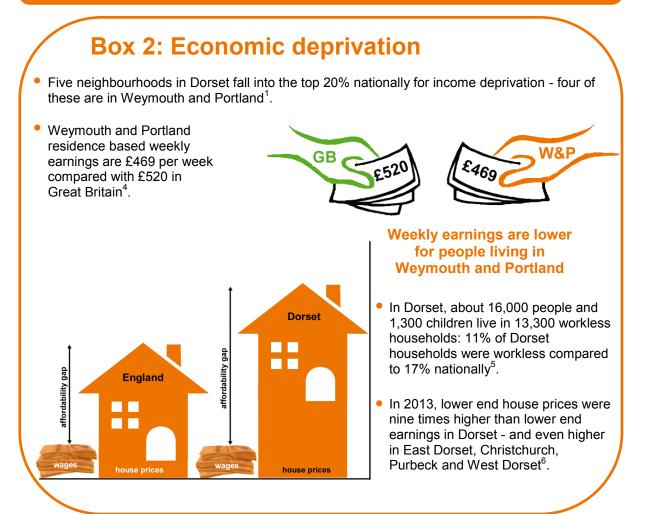
#### Sources

1 English Indices of Deprivation (2010), DCLG

2 Life Expectancy, 2009-11, ONS 3 Census of Population, 2011

## Deprivation





## Why does it matter:

Deprivation impacts heavily on both individuals and families and consequently on council services, as those likely to suffer deprivation rely more heavily on intervention and support from the public sector. Low income households will qualify for additional assistance for a range of council services such as Adult and Community Services and Children's Services.

Areas of high deprivation also correlate strongly with higher levels of certain types of crime such as anti-social behaviour, domestic violence and burglary.

Deprivation is also a key challenge to health and well-being with levels of obesity and other lifestyle related conditions higher amongst those living in deprivation.

For those suffering deprivation in rural areas, poor access to services can exacerbate problems that they already face. Social isolation provides a challenge for the provision of council services.

#### Sources

- 4 Annual Survey of Hours and Earnings (2014), ONS (full time gross weekly earnings)
- 5 Annual Population Survey (2013), ONS
- 6 Ratio of lower quartile house prices to lower quartile earnings (2013), DCLG

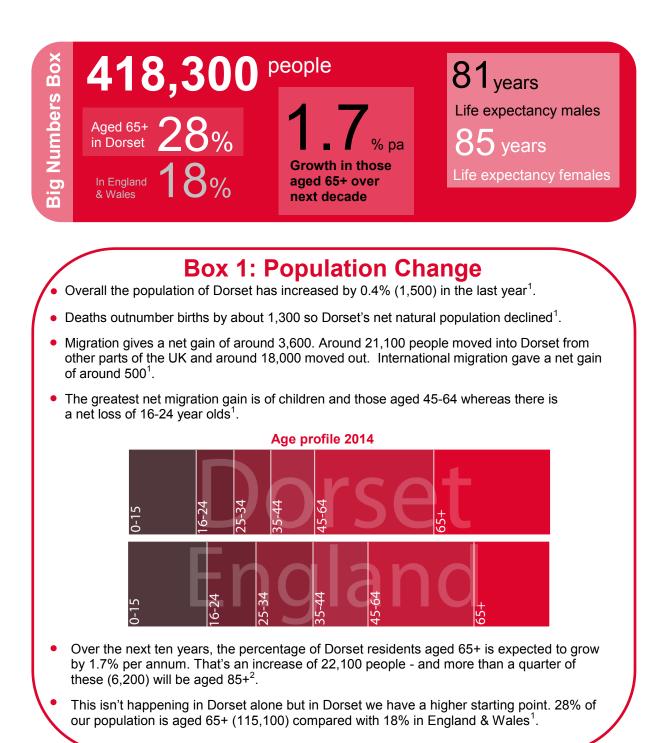
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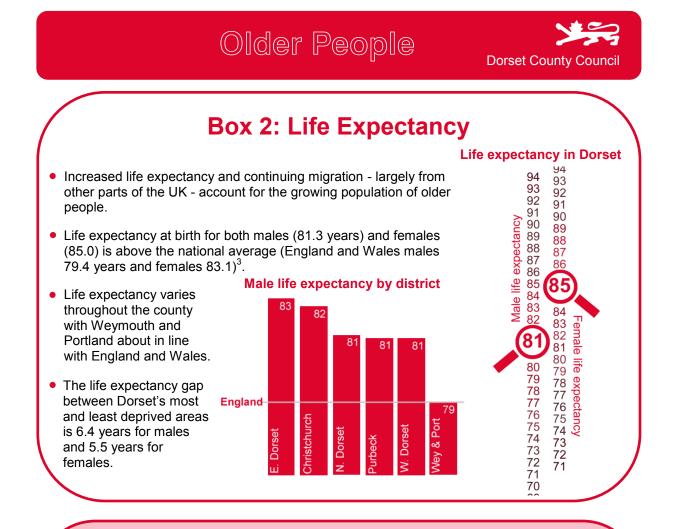
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# September 2015 StateofDorset Sorset County Council

The number of older people living in Dorset will continue to grow adding to increased demand for health and care services.

Over the next decade, the number of those aged 85+ is expected to increase by more than a third<sup>1</sup>.





## Why does it matter:

Over the next decade, many more of us will move into the 65+ group and will probably move out of work too.

Demand for care workers will grow - and it's already a problem - but it's not a job that many young people want to do.

Services for older people and people with physical disabilities currently command almost 55% of the adult social care budget. Data modelling can help identify and target services to areas of most need.

More family members will need to act as carers. In 2011 there were 49,300 unpaid carers in Dorset, an increase of 17% over 2001.

More houses are likely to be under-occupied as older people are encouraged to stay in their own homes - this will put further pressure on house prices. And older people living on their own can be isolated and lonely.

#### Sources

- 1 Mid-year population estimates (2014), ONS
- 2 Subnational population projections (2012), ONS

3 Life expectancy at birth (2011-13), ONS

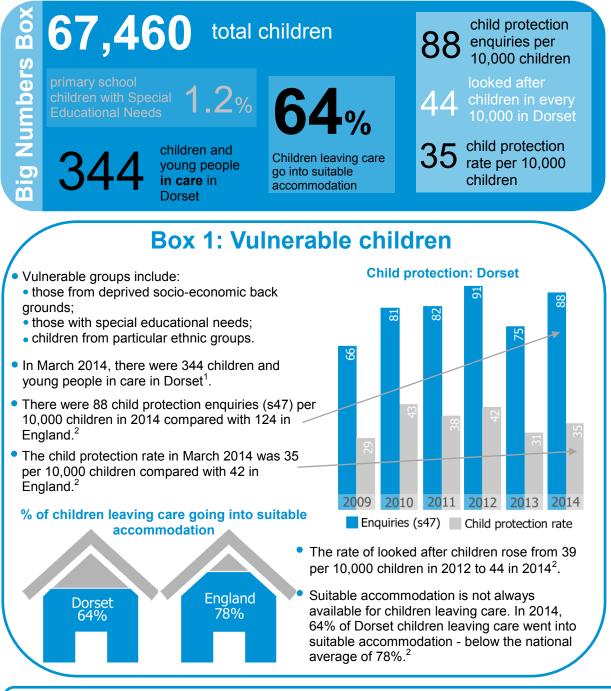
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# September 2015 StateofDorset Science County Council

Experiences in a child's early years lay a foundation for health and wellbeing and our services for children and families have an important role in building future resilience.

By identifying those most at risk of poorer outcomes later on, our resources can be targeted where they are needed most so that we can respond to risk and vulnerability.

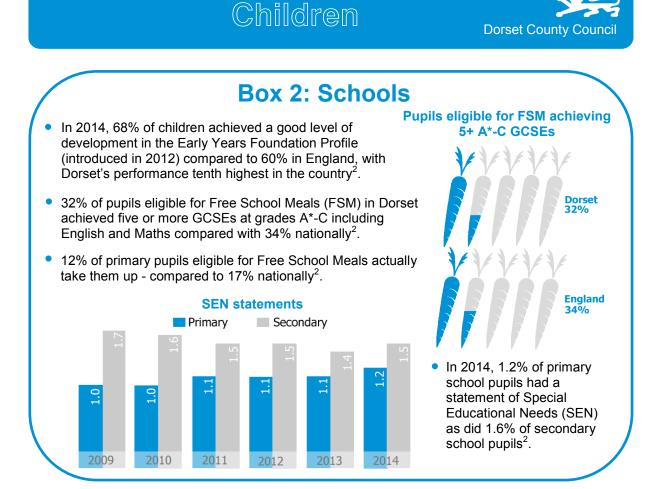
The number of 0-4 year olds is expected to fall by a small amount over the next decade: down from 19,700 in 2015 to about 18,900 in 2025 (-0.4%pa). At the same time, the number of 5-15 year olds will increase from about 47,800 to 51,800 (0.8% pa).



#### Sources

1 Local electronic case recording system

2 Local Area Interactive Tool (LAIT): Available at: https://www.gov.uk/government/publications/local-authorityinteractive-tool-lait [accessed 17th March 2015]



## Why does it matter:

There is evidence to show that what a child experiences in early years, starting in the womb, affects health and wellbeing in later life. Early intervention is therefore key and cutbacks in spending on this for short term financial gain can lead to greater long term costs, both financial and social<sup>3</sup>.

Research suggests that a range of interventions to provide support at different levels of need is most effective, with spending prioritised on:

- Children's centres and early years (particularly breastfeeding initiatives and the Nurse Family Partnership);
- Speech, language and communication needs;
- Parenting programmes; targeted family support; and
- Young people on the edge of care

These types of early intervention, underpinned and targeted through the use of sound evidence, can help identify those at risk in later life.

Evidence suggests that smarter working with the whole family leads to improved outcomes and better value for money and, as some will need ongoing support, there needs to be a continuum of services to support vulnerable people over time.

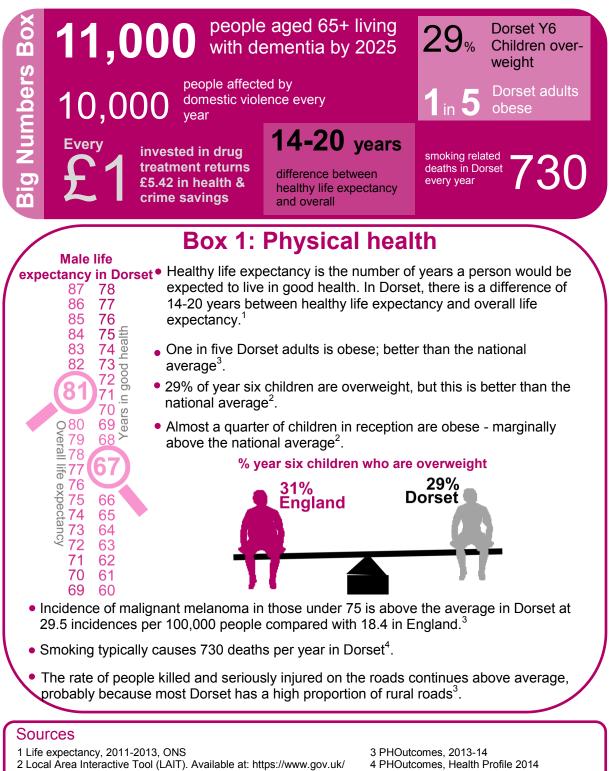
Sources

3 C4E0 Grasping the Nettle: early intervention for children, families and communities

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Dorset residents are generally healthy, but the growing number of older people will increase demand for health and social care services.

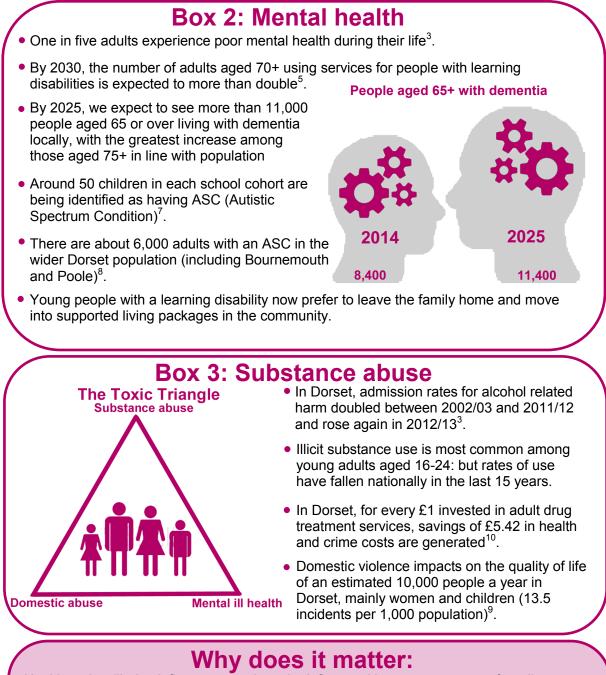
Health behaviours impact on both physical and mental health - and many people may be affected by more than one health behaviour.



Produced by Research and Consultation, Chief Executive's Dept.

government/publications/local-authority-interactive-tool-lait





Health and wellbeing influences - and can be influenced by - most aspects of our lives including how and where we live, our behaviours, our work and our leisure activities and is a common thread through these things.

Healthy populations live longer, are more productive and save more thus making a contribution to economic progress as well as personal wellbeing.

A positive perception of wellbeing is as important as good health itself and an above average proportion of Dorset residents aged 16+ have a high life satisfaction rating and feel that the things they do in their lives are worthwhile.

Local evidence can be used to anticipate need and target service provision.

#### Sources

5 Older people with a learning disability 2012, British Institute of Learning Disabilities 6 POPPI Projecting Older People Information 7 The Pan Dorset Adult Autistic Spectrum Condition Commissioning Strategy 2012-15 8 Estimated prevalence rate of one per cent - Brugha et al , 2007 9 Derived from Dorset Police Statistics and Dorset Community Safety Partnership

10 Calculated using the National Treatment Agency's Value for Money' estimation tool

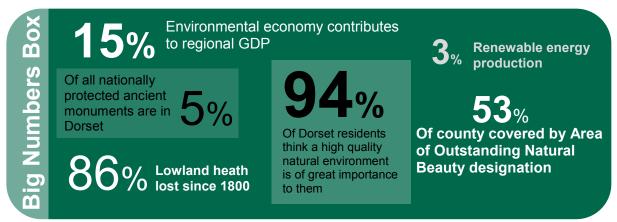


Dorset's natural and historic environment makes a huge contribution to health and personal wellbeing.

Dorset's natural systems provide a wide range of essential goods (food, fuel, productive soil, clean air and water) and beneficial services (pollination, flood alleviation, climate regulation and tranquillity). These are taken for granted, but they need a combination of public, private and voluntary action to maintain them.

The contribution of our national and historic environment to the economy is often overlooked.

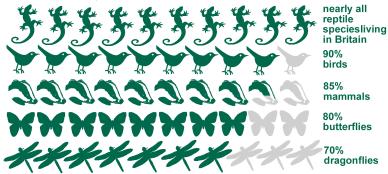
The importance of our natural environment limits the locations available for new development including employment land and housing.



## **Box 1: The Natural Environment**

- 94% of Dorset's residents agree with the statement 'A high quality natural environment is
  of great importance to me' 61% 'strongly agree'<sup>1</sup>
- Dorset contains part of England's only natural World Heritage Site and two Areas of Outstanding Natural Beauty, covering 53% of the county<sup>2</sup>.
- Whilst making up only two per cent of the area of England, Dorset holds five per cent of its nationally protected ancient monuments.
- All of the Dorset coast (excluding the town seafronts) is recognised in national or international designations for its unique landscape, scenic quality, wildlife and geological formations<sup>2</sup>.

Bournemouth, Dorset and Poole are home to...



#### Sources

1 Dorset Citizen's Panel 27, Dorset County Council, September 2012

2 Dorset Databook 2011, Dorset County Council

## Natural and Historic Environment

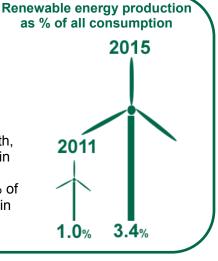
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### **Box 2: Productivity**

- The 'environmental economy' of the South West (agriculture, forestry, fishing, energy and tourism) contributes 15% to regional GDP<sup>3</sup> and over 12% of the regional economy is estimated to rely directly on the land and landscape<sup>4</sup>.
- 30% of the services provided by the natural environment are in decline while 60% of UK plant and animal species have declined over the last 50 years.
- Since 1800, 86% of Dorset's lowland heath has been lost to farming, forestry or development<sup>5</sup> and significant areas of Dorset are classified as 'Nitrate Vulnerable Zones' hinting at pressure on the water environment.

### Box 3: Energy

- Between 2005 and 2012, there was an overall decrease in CO2 emissions per capita in Dorset<sup>6</sup>, although emissions remain well above the level considered necessary to avoid dangerous climate impacts.
- Renewable energy production has increased in Bournemouth, Dorset and Poole from 0.95% of local energy consumption in February 2011 to 3.4% in February 2015. At the same time national renewable energy generation has increase to 5.6% of total energy consumption and was 15% of electricity supply in 2014<sup>7</sup>.



## Why does it matter:

Access to the environment contributes substantially to health and wellbeing and supports active lifestyles through a wide range of recreational and cultural activities - and greater wellbeing contributes to higher productivity and economic gain.

The physical and mental health benefits of access to nature are well documented, as are the negative impacts of environmental inequality. Improving access to green infrastructure therefore offers the potential to extend these benefits, particularly in areas where access is poor.

Climate change will continue. National and international policies demand local action to mitigate and adapt to this change and the development of a greener, low-carbon economy will offer significant economic opportunities as well as environmental benefits.

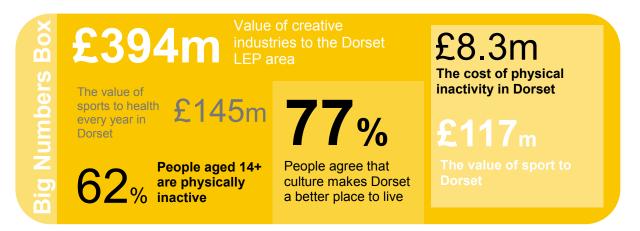
#### Sources

- 3 The Natural Environment, the Rural Region and Regional Economic Development, EKOS, 2003
- 4 Stepping Forward, Best Foot Forward, 2005
- 5 Natural England/RSPB
- 6 Local and Regional CO2 Emissions Estimates for 2005-2012, Ricardo-AEA for DECC
- 7 Annual Report, Regen SW

# September 2015 StateofDorset Sorset County Council

Participation in arts and culture makes communities feel safer and stronger, adds to health and wellbeing and reduces social isolation<sup>1</sup>, but funding cuts are a significant threat to culture and leisure activities, particularly in the third sector.

Cultural and recreational activities can help people access the natural environment through healthy lifestyles. Sport is evidenced to result in significant savings to health costs and yet there are concerns that many of Dorset's young people are physically inactive.



## Box 1: Health and well-being value

- Overall 77% of people surveyed agree that access to cultural activities helps to make Dorset a better place to live and that engagement in cultural activities contributes to an improved quality of life<sup>2</sup>.
- Levels of wellbeing are generally reported to be higher amongst those with higher arts and culture engagement<sup>1</sup>.
- Students who study art subjects are more employable and more likely to stay in employment than graduates from other disciplines<sup>1</sup> and children from low income families who take part in arts at school are three times more likely to get a degree<sup>1</sup>.
- Nationally, 78% of children who took part in a programme of daily music activity demonstrated improved performance across core subjects<sup>1</sup>.

% children taking part in music activity demonstrating improved performance

78%

#### Sources

1 Create, Arts Council England, November 2014

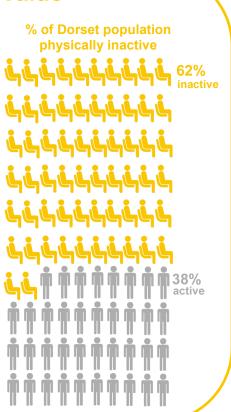
2 Citizens Panel April 2009 Survey, Dorset County Council

## Leisure and Culture



### **Box 2: Economic Value**

- 62.2% of Dorset's 14yrs+ population are physically inactive. The cost of physical inactivity is over £8.3million and rising in Dorset<sup>3</sup>.
- The total direct economic value of sport to Dorset is £117.4 million per annum<sup>3</sup>.
- The value of **sport volunteering** is £21.6 million per annum in Dorset<sup>3</sup>.
- The value of **sport for savings to health** is £145.1 million per annum in Dorset<sup>3</sup>.
- The value of Creative Industries is about £394.3 million per annum in the Dorset LEP area<sup>5</sup>.
- Maritime Mix, the London 2012 Cultural Olympiad by the Sea between September 2011 and September 2012<sup>4</sup>:
  - created the equivalent of 52 (temporary) F/T jobs
  - increased Dorset GVA by £2.5m
  - generated at least £13m for the tourism economy of Weymouth & Portland.



## Why does it matter:

Culture and leisure make a positive contribution to the Dorset economy, but probably have an even more significant effect on the health and wellbeing of residents - and this has the potential to add further value to the economy by increasing productivity.

Culture and leisure are particularly significant in Dorset for the way they provide a range of ways to access and enjoy the natural environment - with personal wellbeing further enhanced through access to green space. Culture and leisure are also top areas of activity for the third sector in Dorset.



#### Sources

- 3 Sport England Local Sport Profile, 2013
- 4 Maritime Mix Legacy Report, June 2013
- 5 aGVA dataset from Annual Business Survey 2012, ONS with FTE estimates by Dorset County Council

Produced by Research and Consultation, Chief Executive's Dept.

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